



**DIAGNOSING and ASSESSING**  
**FSD** | female sexual dysfunction including **HSDD** | hypoactive sexual desire disorder

**Your FSD/HSDD Toolkit includes the following tools:**

- **The Decreased Sexual Desire Screener (DSDS):** a sensitive and specific brief instrument for the diagnosis of generalized, acquired HSDD in women, independent of menopausal status.<sup>1</sup>
- **The Female Sexual Function Index (FSFI):** a multidimensional self-report instrument for assessing the key dimensions of sexual function in women.<sup>2</sup> It provides a total score and scores on six domains of sexual function (desire, arousal, lubrication, orgasm, satisfaction, and pain).<sup>3</sup>
- **The Female Sexual Distress Scale-Revised (FSDS-R):** a psychometric instrument that measures sexually related personal distress in women with FSD.<sup>4</sup>

1. Clayton AH, et al. *J Sex Med.* 2009;6:730-738.  
 2. Rosen R, et al. *J Sex Marital Ther.* 2000;26:191-208.  
 3. Meston CM. *J Sex Marital Ther.* 2003;29:39-46.  
 4. DeRogatis L, et al. *J Sex Med.* 2008;5:357-364.



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*Let's Talk...*

**Examples of Validated Tools Available to Assess FSD**

Tool	Assessment Area
Female Sexual Function Index (FSFI) <sup>2</sup>	Desire, arousal, orgasm, and pain
Profile of Female Sexual Function (PFSF) <sup>4</sup>	Desire in postmenopausal women
Brief Profile of Female Sexual Function (B-PFSF) <sup>1</sup>	Self-screener for low desire in surgically postmenopausal women
Sexual Interest and Desire Inventory-Female (SIDIF) <sup>7</sup>	Severity of symptoms in women with HSDD
Female Sexual Distress Scale-Revised (FSDS-R) <sup>8</sup>	Distress
Sexual Quality of Life-Female (SQOL-F) <sup>9</sup>	Quality of life in women with FSD
Colombo-Rust Inventory of Sexual Satisfaction (GRIS) <sup>10,11</sup>	Quality of sexual relationship
Decreased Sexual Desire Screener (DSDS) <sup>12,13</sup>	Simple diagnostic tool for HSDD

1. Meston CM. *J Sex Marital Ther.* 2003;29:39-46.  
 2. Rosen R, et al. *J Sex Marital Ther.* 2000;26:191-208.  
 3. Meston CM. *J Sex Marital Ther.* 2004;30:29-36.  
 4. D'Angelo L, et al. *J Sex Marital Ther.* 2008;34:113-124.  
 5. Platz J, et al. *Arch Sex Behav.* 1996;15:157-165.  
 6. Clayton AH, et al. *J Sex Med.* 2009;6:730-738.  
 7. Platz J, et al. *Arch Sex Behav.* 1996;15:157-165.  
 8. DeRogatis L, et al. *J Sex Med.* 2008;5:357-364.  
 9. Rosen R, et al. *J Sex Marital Ther.* 2000;26:191-208.  
 10. Rosen R, et al. *J Sex Marital Ther.* 2000;26:191-208.  
 11. Rosen R, et al. *J Sex Marital Ther.* 2000;26:191-208.  
 12. Clayton AH, et al. *J Sex Med.* 2009;6:730-738.  
 13. Clayton AH, et al. *J Sex Med.* 2009;6:730-738.



- Your FSD/HSDD Toolkit includes:**
- Decreased Sexual Desire Screener (DSDS)
  - Healthcare Professional Tear Pad
  - Decreased Sexual Desire Screener (DSDS)
  - Female Sexual Function Index (FSFI)
  - Pocket Reference Card
  - Female Sexual Distress Scale-Revised (FSDS-R)
  - Pocket Reference Card
  - Pocket Reference Card



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